



Information Following Composite (White) Restorations (Fillings)



Composite fillings set up right away, but avoid chewing hard foods on that tooth for the rest of the day.

Children should be observed until the anesthetic wears off. Due to the strange feeling of the anesthetic, many children will chew the inside of their lips, cheeks, or tongue, which can cause serious damage.

Sensitivity, especially to cold, is common for a few days following dental restoration. Usually, the deeper the cavity, the more sensitive the tooth will be.

Sensitivity is usually most noticeable the first 12 to 24 hours after the anesthetic wears off.

- The gum tissue could have been irritated during the procedure and may be sore for a few days together with the anesthetic injection site.
- The finished restoration may be contoured slightly differently and have a different texture than the original tooth. Your tongue usually magnifies this small difference, but you will become accustomed to this in a few days.

**** If your bite does not feel right by the next day, or if the tooth becomes very sore or *sensitive*, call our office immediately.** This is usually just due to a small area on the filling hitting harder than the rest of the teeth. If you let it go for a few days, the tooth could become very sensitive and it may take some time (months) for the tooth to calm down. At least call to let us know.